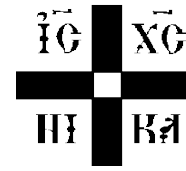


Weekly Schedule

Wednesday	Presanctified Liturgy, 6:30 p.m.
Friday	Akathist, 6:30 p.m.
Saturday	Memorial Saturday Liturgy, 10:00 a.m. Great Vespers, 6:00 p.m. Confessions following Great Vespers
Sunday	Reading of Hours, 9:40 a.m. Divine Liturgy, 10:00 a.m. <i>Fellowship Hour following Divine Liturgy</i>

The Third Sunday of Lent is that of the Veneration of the Cross. The cross stands in the midst of the church in the middle of the lenten season not merely to remind men of Christ's redemption and to keep before them the goal of their efforts, but also to be venerated as that reality by which man must live to be saved. "He who does not take up his cross and follow me is not worthy of me" (Mt.10:38). For in the Cross of Christ Crucified lies both "the power of God and the wisdom of God" for those being saved (1 Cor.1:24).



Assumption of the Holy Virgin Orthodox Church

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Phone: (215) 904-7713 (Home)
(215) 468-3535 (Church)
Email: frmatthew@comcast.net

Rev. Matthew Cantrell, Acting Rector

Rev. Sergius Willis, Associate Pastor

Call to arrange sacraments, services, instruction, counseling, home visits, sick calls.

Troparion (Tone 6) (Resurrection)

The angelic powers were at Your tomb; the guards became as dead men. Mary stood by Your grave, seeking Your most pure body. You captured hell, not being tempted by it. You came to the Virgin, granting life.//O Lord, Who rose from the dead, glory to You.

Troparion (Tone 1) (Cross)

O Lord, save Your people, and bless Your inheritance! Grant victories to the Orthodox Christians over their adversaries; and by virtue of Your Cross,// preserve Your habitation!

Kontakion (Tone 7) (Cross)

Now the flaming sword no longer guards the gates of Eden; it has been mysteriously quenched by the wood of the Cross. The sting of death and the victory of hell have been vanquished; for You, O my Savior, have come and cried to those in hell:// "Enter again into Paradise!"

March 07, 2010

**THIRD SUNDAY OF LENT — Tone 6.
Veneration of the Cross.**

In place of Trisagion, we pray...

Before Your Cross, we bow down in worship, O Master, and Your holy Resurrection, we glorify.

Prayers for The Faithful and Departed

Kimberly, Olga, McCartney family,
Kavalkovich family, Margaret, Julia, parishioners, Witiak family, Emily, John, Katie, Emilie. **May God Grant Them Many Years!**

Kathleen, Al, Mary, John, Julie. **May Their Memories Be Eternal!**

Glory to God For All Things!

Epistle Reading

Hebrews 4:14-5:6

Seeing then that we have a great High Priest who has passed through the heavens, Jesus the Son of God, let us hold fast our confession. For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all points tempted as we are, yet without sin. Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need. For every high priest taken from among men is appointed for men in things pertaining to God, that he may offer both gifts and sacrifices for sins. He can have compassion on those who are ignorant and going astray, since he himself is also subject to weakness. Because of this he is required as for the people, so also for himself, to offer sacrifices for sins. And no man takes this honor to himself, but he who is called by God, just as Aaron was. So also Christ did not glorify Himself to become High Priest, but it was He who said to Him: "You are My Son, Today I have begotten You." As He also says in another place: "You are a priest forever According to the order of Melchizedek";

Gospel Reading

Mark 8:34-9:1

When He had called the people to Himself, with His disciples also, He said to them, "Whoever desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake and the gospel's will save it. For what will it profit a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him the Son of Man also will be ashamed when He comes in the glory of His Father with the holy angels. And He said to them, "Assuredly, I say to you that there are some standing here who will not taste death till they see the kingdom of God present with power."

Welcome to our Visitors!

A warm welcome to all our visitors and guests who have joined us in celebrating the Divine Liturgy. Please join us for our Fellowship Hour in the Church Hall . **Please note: Only those Orthodox Christians that have properly prepared themselves through prayer, fasting and confession of sins should approach the Chalice and receive Holy Communion.**

ANNOUNCEMENTS

Food Collection

Please bring any food you would like to donate to church. We, as a church, will offer food to one of the local food banks.

Church Telephone Number

Our church's telephone number is 215-468-3535. If there is inclement weather, do please call the number and wait for the answering machine. If church is canceled, it will be announced here.

Lenten Services

Calendars for our Lenten services, including Sunday mission services, was included in last week's bulletin and are now available. Alternatively, if you have a connection to the internet, our of our schedules and events are posted on our website: www.holyassumptionphilly.org **Please note that weekday service times (Presanctified Liturgy and Akathist) have been changed to start at 6:30p.m.**

Easter Flowers

Debbie has started taking orders for Easter flowers. Please see her if you would be interested.

Memorial Service

We will have a memorial service following the Divine Liturgy next week in order to remember Kathleen Ambrozates on the fortieth day of her repose.