

Week Schedule

Saturday Great Vespers, 6:00 p.m.
Confessions following Vespers

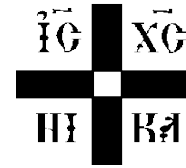
Sunday Reading of Hours, 9:40 a.m.
Divine Liturgy, 10:00 a.m.

****See Lenten Calendar for daily services****

As we begin the Great Fast, the Church reminds us of Adam's expulsion from Paradise. God commanded Adam to fast (Gen. 2:16), but he did not obey. Because of their disobedience, Adam and Eve were cast out of Eden and lost the life of blessedness, knowledge of God, and communion with Him, for which they were created. Both they and their descendents became heirs of death and corruption.

Let us consider the benefits of fasting, the consequences of disobedience, and recall our fallen state. Today we are invited to cleanse ourselves of evil through fasting and obedience to God. Our fasting should not be a negative thing, a mere abstention from certain foods. It is an opportunity to free ourselves from the sinful desires and urges of our fallen nature, and to nourish our souls with prayer, repentance, to participate in church services, and partake of the life-giving Mysteries of Christ.

At Forgiveness Vespers we sing: "Let us begin the time of fasting in light, preparing ourselves for spiritual efforts. Let us purify our soul, let us purify our body. As we abstain from food, let us abstain from all passion and enjoy the virtues of the spirit...."



Assumption of the Holy Virgin Orthodox Church

2101 South 28th St
Philadelphia, PA 19145
Phone: (215) 904-7713 (Home)
(215) 468-3535 (Church)
Email: frmatthew@comcast.net

Rev. Matthew Cantrell, Acting Rector

Rev. Sergius Willis, Associate Pastor

Call to arrange sacraments, services, instruction, counseling, home visits, sick calls.

Troparion (Tone 8)

You descended from on high, O Merciful One. You accepted the three-day burial to free us from our sufferings. // O Lord, our Life and Resurrection, glory to You!

Troparion (Tone 1)

Through the sufferings that Your Holy Forty Martyrs endured for Your sake, O Lord, We beseech You, O Lover of mankind: // "Heal all of our infirmities!"

Kontakion (Tone 6)

You abandoned all earthly armies, cleaving to the heavenly Master, O Forty Martyrs of the Lord. Having passed through fire and water, O blessed Ones, // you have fittingly received heavenly glory and many crowns.

March 06, 2011

SUNDAY OF CHEESEFARE — Tone 8.
The Expulsion of Adam and Eve from Paradise.

Kontakion (Tone 6)

O Master, Teacher of wisdom, Bestower of virtue, Who teaches the thoughtless and protects the poor, strengthen and enlighten my heart! O Word of the Father, let me not restrain my mouth from crying to You: "Have mercy on me, a transgressor, O merciful Lord!"

Prayers for The Faithful and Departed

Dn. Peter Skoog, Lena Robovitsky, Albert and Catherine Kavalkovich, Ronnie Kavalkovich, Sandra and Neil Hourahan, David Albrecht, clergy and family, Patterson family and friends, Tim Wanenchak, Kavalkovich family and friends, Anastasia. **May God Grant Them Many Years!**

Janine, Gladys Cleary, Pellack family and friends, Wanenchak family and friends. **May Their Memories Be Eternal!**

Epistle Reading

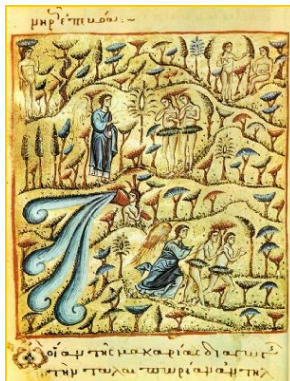
Romans 13:11-14:4

And do this, knowing the time, that now it is high time to awake out of sleep; for now our salvation is nearer than when we first believed. The night is far spent, the day is at hand. Therefore let us cast off the works of darkness, and let us put on the armor of light. Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy. But put on the Lord Jesus Christ, and make no provision for the flesh, to fulfill its lusts. Receive one who is weak in the faith, but not to disputes over doubtful things. For one believes he may eat all things, but he who is weak eats only vegetables. Let not him who eats despise him who does not eat, and let not him who does not eat judge him who eats; for God has received him. Who are you to judge another's servant? To his own master he stands or falls. Indeed, he will be made to stand, for God is able to make him stand.

Gospel Reading

Matthew 6:14-21

For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. Do not lay up for yourselves treasures on earth, where moth and rust destroy and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also.



Welcome to our Visitors!

A warm welcome to all our visitors and guests who have joined us in celebrating the Divine Liturgy. Please join us for our Fellowship Hour in the Church Hall . **Please note: Only those Orthodox Christians that have properly prepared themselves through prayer, fasting, and confession of sins should approach the Chalice and receive Holy Communion.**

ANNOUNCEMENTS

Church Telephone Number

Our church's telephone number is 215-468-3535. If there is inclement weather, do please call the number and wait for the answering machine. If church is canceled, it will be announced on the machine.

Church Education

Do remember that the last Sunday of the month is devoted to our church education. We'll continue to address suffering and Christ following the Divine Liturgy.

Easter Flowers

Debbie Kavalkovich has started collecting orders for Easter flowers. Please see her if you would like to place an order.

Lenten Calendar

You are receiving the Lenten schedule today. Please do try to attend at least one or two services this first week; more if possible. If you have any questions, see Fr. Matthew

Parish Statistics for February 13, 2011

Attendance: uncounted

Income: \$1823.00

Expenses: \$2,959.23

Deficit: \$1136.23