

Assumption of the Holy Virgin Orthodox Church

2101 South 28th St. (corner of 28th St. & Snyder Ave.)
Philadelphia, PA 19145 * Church Phone: (215) 468-3535
Website: <http://www.holyassumptionphilly.org>



<http://www.facebook.com/holyassumptionphilly>

Mailing Address: PO Box 20083 * Point Breeze Station | Philadelphia PA 19145-0383

Sunday, September 22, 2019 | 14th Sunday After Pentecost

Tone 5 – The Hieromartyr Phocas, Bishop of Sinope (117)
Prophet Jonah (8th c. B.C.) | Saint Jonah the Presbyter (9th c.)
Saint Peter the Tax Collector (6th c.)

V. Rev. Mark W Koczak, Rector

615 West 11th Street | New Castle, DE 19720-6020
Phone: Home: 302.322.0943 | Mobile: 302.547.4952
Email: mwkoczak@gmail.com

Deacon – Michael McCartney

Parish President - Matthew Andrews

Phone: 856.217.8075

Weekly Schedule

Today: Sunday School Class

Today: Church Life Discussion Class after Divine Liturgy.
Topic: Don't Be Tone Deaf! Understanding the Tones!

Saturday: September 28 - Great Vespers at **4:00PM!**

Sunday: September 29 – Venerable Cyriacus the Hermit
Reading of Hours – 9:30am
Divine Liturgy – 10:00am
Fellowship & coffee hour to follow the Divine Liturgy

Sunday: September 29 – Joint Picnic Luncheon with our neighbors God House
after the Divine Liturgy over in the Church Hall.
[Note: Event Rescheduled from last Saturday]

Texts for the Liturgical Service

Troparion (Tone 5)

Let us, the faithful, praise and worship the Word, / co-eternal with the Father and the Spirit, born for our salvation from the Virgin; / for He willed to be lifted up on the Cross in the flesh, to endure death, / and to raise the dead // by His glorious Resurrection.

Troparion (Tone 3 – Holy Apostle Quadratus)

Holy Apostle Quadratus, / entreat the merciful God, // to grant our souls forgiveness of transgressions!

Troparion (Tone 4 – Hieromartyr Phocas)

By sharing in the ways of the Apostles, / Thou didst become a successor to their throne. / Through the practice of virtue, thou didst find the way to divine contemplation, O inspired one of God; / By teaching the word of truth without error, thou didst defend the Faith, even to the shedding of thy blood. // Hieromartyr Phocas, entreat Christ God to save our souls!

Kontakion (Tone 5)

Thou didst descend into hell, O my Savior, / shattering its gates as Almighty, resurrecting the dead as Creator, / and destroying the sting of death. / Thou hast delivered Adam from the curse, O Lover of man, // and we cry to Thee: O Lord, save us!

Kontakion (Tone 8 – Holy Apostle Quadratus)

The universe offers Thee, O Lord, the Apostle Quadratus / as a most honored hierarch and athlete of great strength; / with hymns it honors his all-venerable memory, // And asks that through him Thou grant forgiveness of transgressions to those who sing his praise.

Kontakion (Tone 2 – Hieromartyr Phocas)

The Master established thee as a brilliant sun / shining on all the faithful, glorious Hieromartyr Phocas./ He has accepted thy life, faith and contest as myrrh, // for He is rich in mercy.

Prokeimenon (Tone 5)

Thou, O Lord, shall protect us / and preserve us from this generation forever!
v. Save me, O Lord, for there is no longer any that is godly.

Epistle Reading: 2 Corinthians 1:21-2:4

Now He who establishes us with you in Christ and has anointed us is God, who also has sealed us and given us the Spirit in our hearts as a guarantee. Moreover I call God as witness against my soul, that to spare you I came no more to Corinth. Not that we have dominion over your faith, but are fellow workers for your joy; for by faith you stand. But I determined this within myself, that I would not come again to you in sorrow. For if I make you sorrowful, then who is he who makes me glad but the one who is made sorrowful by me? And I wrote this very thing to you, lest, when I came, I should have sorrow over those from whom I ought to have joy, having confidence in you all that my joy is the joy of you all. For out of much affliction and anguish of heart I wrote to you, with many tears, not that you should be grieved, but that you might know the love which I have so abundantly for you.

Alleluia (3x's) (Tone 5)

- v. I will sing of Thy mercies, O Lord, forever; with my mouth I will proclaim Thy truth from generation to generation. Alleluia (3x's)
- v. For Thou hast said: Mercy will be established forever; Thy truth will be prepared in the heavens. Alleluia (3x's)

Gospel Reading: Luke 5:1-11

So it was, as the multitude pressed about Him to hear the word of God, that He stood by the Lake of Gennesaret, and saw two boats standing by the lake; but the fishermen had gone from them and were washing their nets. Then He got into one of the boats, which was Simon's, and asked him to put out a little from the land. And He sat down and taught the multitudes from the boat. When He had stopped speaking, He said to Simon, "Launch out into the deep and let down your nets for a catch." But Simon answered and said to Him, "Master, we have toiled all night and caught nothing; nevertheless at Your word I will let down the net." And when they had done this, they caught a great number of fish, and their net was breaking. So they signaled to their partners in the other boat to come and help them. And they came and filled both the boats, so that they began to sink. When Simon Peter saw it, he fell down at Jesus' knees, saying, "Depart from me, for I am a sinful man, O Lord!" For he and all who were with him were astonished at the catch of fish which they had taken; and so also were James and John, the sons of Zebedee, who were partners with Simon. And Jesus said to Simon, "Do not be afraid. From now on you will catch men." So when they had brought their boats to land, they forsook all and followed Him.

Communion Hymn:

Praise the Lord from the heavens, praise Him in the highest! Alleluia (3x's)



Announcements

A Warm Welcome to all of our visitors & guests who worshiped with us today and who have joined us in celebrating the Divine Liturgy. Please join us in the church basement for our Fellowship and Coffee Hour.

Announcements

40 Days For Life – Philadelphia Campaign – Fall Season:

The 40 Days for Life Fall Campaign will begin (from September 25 to November 3). This campaign of peaceful vigils will occur in ALL 50 states at the same time!

Information:

- * Contacts: Monique Ruberu or Pat Stanton at 469.231.9084
- * Email: roobearoo@hotmail.com
- * Website: <https://www.40daysforlife.com/philadelphia>
- * Prayer vigil located at 12th & Locust St, Philadelphia – Planned Parenthood
- * Prayer vigil located at 777 Appletree Street, Philadelphia – Phila. Women Center
- * Vigils open Monday-Saturday from 8am-5pm.

The 40 Days For Life is not a political organization or a protest group. They stand and pray as a peaceful physical presence and witness for the lives of the unborn, who cannot speak for themselves.

Other peaceful vigils located in the surrounding areas include:

New Jersey – Cherry Hill & Galloway Twp Delaware - Dover & Wilmington
Pennsylvania – Northeast Philadelphia, Bryn Mawr, Norristown, and West Chester

AMAZON SMILE!

When ordering online on Amazon.com, please make sure to click on Amazon Smile and select our church - Assumption of the Holy Virgin Russian Orthodox Church - to have a small percentage of your purchases (0.5%) to be contributed to our church. For more information on the Amazon purchase process, please speak with any member of the parish council. Thank You!

Wool Donations:

The Parish is now accepting either actual donations of wool or monetary donations to purchase wool to knit blankets and hats. Please see Dr. Janine McCartney for more details on this project!

8th Annual Benefit Banquet – Sunday, October 27, 2019!

Adelphia Restaurant's Pan Athenian Grand Ballroom – 1750 Clements Bridge Road – Deptford, NJ 08096. The reception and silent auction will begin at 3:30pm, followed at 5:00pm by dinner and a special program highlighting IOCC's U.S. programs, made possible by your generosity.

Tickets are \$65 per person.

Register online at IOCC website at: iocc.org/Philadelphia or mail checks to:
Connie Bandy – 2147 Robin Drive – Warrington, PA 18976

Flyer and Information posted on Bulletin Board down in the church basement.

Announcements (cont.)

Candles and Prayers for the Faithful and Departed

Health for the Living:

Family and Parishioners offered by Nina Patterson
Kalish Family offered by Pellack Family
Family and Parishioners offered by Nina Patterson

May God Grant Them Many Blessed Years!

Memory for the Departed:

John Pellack offered by Pellack Family
Michael and Mary Spack and Spack Families offered by M/M Herbert
Maxim and Anna Herbert and Herbert Families offered by M/M Herbert
Anna Homa (on her birthday) offered by Ron Homa

May Their Memories Be Eternal

Vigil Cross Candles – 9/15/19:

Two Small Votive Crosses:

Memory of John Pellack offered by the Pellack Family.

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Please remember in your prayers:

Grace Corba; Ronald Kavalkovich (continuous recovery); Sheba Patton; Margaret Pellack; Father John Bohush (retired); Father Gregory Winsky (Retiring Today!); and all those who are serving in our Armed Forces!

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Cookbook Sale:

The parish cookout, *At Our Table*, is for sale in the church basement and also on Amazon.com website. Please speak with Dr. Janine McCartney for more information on the parish cookbooks.

Please ensure that your Mobile Phone is set to Silent (or at least set on vibrate) during the Divine Liturgy! Thank You!!!

Announcements (cont.)

Coffee Hour / Cleaning and Epistle / Hours Reading Schedule.

We now have an established full rotating schedule for the Coffee Hour & Cleaning, and the Hours & Epistle Readings. The Reading schedule sheets will be posted quarterly on the bulletin board in the church basement. The Coffee Hour/Cleaning schedule is in a binder located on the display case.

*******Special weekly collections taken after Gospel or Sermon*******

In addition to our general collection, the parish takes a special collection each week to fund certain parish projects. Please be generous with your offering. Every little bit counts. The special collections are as follows:

- First Sunday of every month – Kitchen Fund Project
- Second Sunday of every month – Youth Fund (*reactivated July 2018*)
- Third Sunday of every month - Restoration/Maintenance Fund
- Fourth Sunday of every month – Charity Giving

Note: if there is a Fifth Sunday during a month, the special collection is earmarked for the Kitchen Fund Project, unless otherwise noted and stated by the Parish Council.

Cash Flow Activity (September)

	<u>Week of September 9 to September 15</u>	<u>September Month-to-date</u>
Attendance:	42	38 (average)
Funds In:	\$ 2,597.17	\$ 5,730.09
Funds Out:	\$ 1,858.82	\$ 4,583.59
Net Surplus/(Deficit):	\$ 509.18	\$ 1,146.50

Thank you all for your continuous offerings to maintain the parish!

Shop Rite Gift Cards: If you need to purchase Shop Rite Gift Cards, please see David Pellack to secure them. Your purchase of a Shop Rite Gift Card is an additional fundraising project that helps support the church at no additional expense to the purchaser.

Calendar of Events

1st Sunday of each month – Monthly Panikhida immediately after Divine Liturgy.
2nd Tuesday of each month – Bible Study at 6:30pm in church basement.
2nd Sunday of each month – Property Committee Meeting after Divine Liturgy.
3rd Sunday of each month – Currently no permanent event is scheduled.
4th Sunday of each month – Church Life Discussion Class after Divine Liturgy.

TODAY - Sunday School Class:

Today for approximately 20 minutes, class will be held during the time between right after communion and before coffee hour begins. The facilitators will be Father Mark Koczak, Lena Helen, and Jennifer Cantrell. October's schedule will be announced when the dates have been confirmed

TODAY - Church Life Discussion class (The 4th Sunday of the month) The Topic: Don't Be Tone Deaf! Understanding the Arrangements and Beauty of the Eight Tones during all Liturgical Services.

The 3rd Annual Two Hollies and a Saint Golf Tournament – Friday, September 27, 2019 at Ron Jaworski's Ramblewood Country Club in Mount Laurel, NJ. Golf registration has passed, but anyone wishing to volunteer during the day to assist in setting up or cleaning up, please speak with Father Mark.

Our parish is one of the sponsors for this event with proceeds benefitting St Tikhon's.

Sunday, September 29 – Fellowship Luncheon Picnic with Gods House

Our parish along with Gods House congregation will have a joint picnic luncheon next Sunday following Divine Liturgy over at our Church Hall.

St. Michael Russian Orthodox Church 43rd Annual Russian Festival

4th St & Fairmount Avenue – Philadelphia, PA October 4 to 6 2019.

The parish's popular and festive event will be held the first full weekend of October (this year from Friday, October 4 to Sunday, October 6). The weekend will feature a range of Russian food delights for lunch through dinner, live accordion music, the Sunday School's Russian Dancers, and specialty shops from Russian made artifacts, books of interest, handmade decorations, drawing opportunities, and a variety of collectibles and treasures for ones enjoyment.

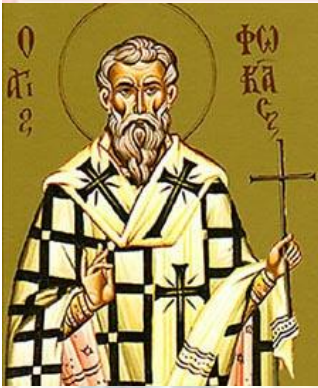
Quarterly Parish Council Meeting to be held on Sunday, October 6 after the Fellowship Coffee Hour in the church basement.

Fall General Parish Meeting to be held on Sunday, October 20 after the Fellowship Coffee Hour in the church basement.

Cleaning Teams:

Today (Sep 22): Saint John of Kronstadt
(Lena Helen, Paul Filanowski, Matthew Andres, Martha Palubniak).

Next Week (Sep 29): Saint Alexis of Wilkes-Barre
(John Spack, Debbie Kavalkovich, David Pellack).



Hieromartyr Phocas, Bishop of Sinope [September 22nd]

Hieromartyr Phocas was born in the city of Sinope. From youth he led a virtuous Christian life, and in his adult years he became Bishop of Sinope. Saint Phocas converted many pagans to faith in Christ. At the time of a persecution against Christians under the emperor Trajan (98-117), the governor demanded that the saint renounce Christ. After fierce torture they enclosed Saint Phocas in a hot bath, where he died a martyr's death in the year 117.

In the year 404, the relics of the saint were transferred to Constantinople (July 22).

The Hieromartyr Phocas is especially venerated as a defender against fires, and also as a helper of the drowning.

Prophet Jonah [September 22nd]

The Holy Prophet Jonah lived in the eighth century before the birth of Christ and was a successor of the Prophet Elisha. The Book of the Prophet Jonah contains prophecies about the judgments on the Israelite nation, the sufferings of the Savior, the downfall of Jerusalem, and the end of the world. Besides the prophecies, the Book of Jonah relates how he was sent to the Ninevites to preach repentance (Jon. 3: 3-10).

Our Lord Jesus Christ, addressing the Scribes and the Pharisees who demanded a sign from Him, said that no sign would be given except for the sign of the Prophet Jonah, "As Jonah was in the belly of the whale three days and three nights, so also shall the Son of Man be in the heart of the earth three days and three nights" (Mt. 12: 40). From these words the Lord shows clearly the symbolic meaning of the Book of the Prophet Jonah in relation to Christ's death on the Cross, descent into Hell, and the Resurrection.

Reproaching the lack of penitence and recalcitrance of the Jews, the Lord said, "The Ninevites shall rise in the judgment with this generation and will condemn it, because they repented at the preaching of Jonah; and one greater than Jonah is here" (Mt. 12: 41).