

## Assumption of the Holy Virgin Orthodox Church

2101 South 28th St. (corner of 28<sup>th</sup> St. & Snyder Ave.)  
Philadelphia, PA 19145 \* Church Phone: (215) 468-3535  
Website: <https://www.holyassumptionphilly.org>



Mailing Address: PO Box 20083 \* Point Breeze Station | Philadelphia PA 19145-0383

### Sunday, March 13, 2022

Tone 5 – First Sunday of Great Lent | Sunday of Orthodoxy  
Translation of relics of St. Nicephorus, Patriarch of Constantinople  
Martyr Sabinus (Abibus) of Egypt (287).

### V. Rev. Mark W Koczak, Rector

615 West 11<sup>th</sup> Street | New Castle, DE 19720-6020  
Phone: Home: 302.322.0943 | Mobile: 302.547.4952  
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Deacon – Michael McCartney      Choir Director – Nina Patterson  
Subdeacon – Daniel (Ken) Kavalkovich      Reader – Mark Klus  
Parish President - Matthew Andrews [Phone: 856.217.8075]

### Weekly Schedule

Service Schedule for the 2022 Great Lenten season is on pages 9 and 10 of this bulletin!

- Today: Request Appeal for Ukrainian Refugee Relief.
- Today: Property Committee meeting after Divine Liturgy in the Sunday School classroom.
- Today: Book Club to meet at 1:00PM in the church basement and will continue reading:  
*Great Lent – Journey to Pascha*
- Tuesday: March 15 – Bible Study at 6:30PM in the church basement and on ZOOM platform.  
Social Distancing will be followed
- Saturday: March 19 – Great Vespers at **4:00PM**
- Sunday: March 20 – Second Sunday of Great Lent| St Gregory Palamas  
Reading of Hours – 9:30am  
Divine Liturgy – **10:00am**  
*Fellowship Coffee Hour to follow the Divine Liturgy*

## Texts for the Liturgical Service

### **Troparion (Tone 5)**

Let us, the faithful, praise and worship the Word, / co-eternal with the Father and the Spirit, / born for our salvation from the Virgin; / for He willed to be lifted up on the Cross in the flesh, / to endure death, / and to raise the dead // by His glorious Resurrection.

### **Troparion (Tone 2 – Sunday of Orthodoxy)**

We venerate Thy most pure image, O Good One; / and ask forgiveness of our transgressions, O Christ our God. / Of Thy good will Thou wast pleased to ascend the Cross in the flesh / and deliver Thy creatures from bondage to the Enemy. / Therefore with thankfulness we cry aloud to Thee: / “Thou hast filled all with joy, O our Savior, // for Thou alone hast come to save the world.”

### **Kontakion (Tone 8 – Lenten Triodion)**

No one could describe the Word of the Father; / but when He took flesh from thee, O Theotokos, He accepted to be described, / and restored the fallen image to its former state by uniting it to divine beauty // We confess and proclaim our salvation in words and images.

### **Prokeimenon (Tone 4 - Song of the Fathers)**

Blessed art Thou, O Lord God of our Fathers / and praised and glorified is Thy Name forever!  
v. For Thou art just in all that Thou hast done for us!

### **Epistle Reading: Hebrews 11:24-26, 32-12:2**

By faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter, choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin, esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward. And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets: who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. Women received their dead raised to life again. Others were tortured, not accepting deliverance, that they might obtain a better resurrection. Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented – of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth. And all these, having obtained a good testimony through faith, did not receive the promise, God having provided something better for us, that they should not be made perfect apart from us. Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Alleluia (3x's) (Tone 4)



v. Moses and Aaron were among His priest; Samuel also was among those who called on His Name. Alleluia (3x's)  
v. They called to the Lord and he answered them. Alleluia (3x's)

**Gospel Reading: John 1:43-51**

The following day Jesus wanted to go to Galilee, and He found Philip and said to him, "Follow Me." Now Philip was from Bethsaida, the city of Andrew and Peter. Philip found Nathanael and said to him, "We have found Him of whom Moses in the law, and also the prophets, wrote – Jesus of Nazareth, the son of Joseph." And Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see." Jesus saw Nathanael coming toward Him, and said of him, "Behold, an Israelite indeed, in whom is no deceit!" Nathanael said to Him, "How do You know me?" Jesus answered and said to him, "Before Philip called you, when you were under the fig tree, I saw you." Nathanael answered and said to Him, "Rabbi, You are the Son of God! You are the King of Israel!" Jesus answered and said to him, "Because I said to you, 'I saw you under the fig tree,' do you believe? You will see greater things than these." And He said to him, "Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man."

**Instead of "It is truly meet..." we sing the following**

All of creation rejoices in thee, O Full of Grace: / the assembly of Angels and the race of men. / O sanctified temple and spiritual paradise, / the glory of virgins, from whom God was incarnate and became a Child: / our God before the ages. / He made thy body into a throne, / and thy womb He made more spacious than the heavens. / All of creation rejoices in thee, O Full of Grace. // Glory to thee!

**Communion Hymn:**

Praise the Lord from the heavens! Praise Him in the highest!  
Rejoice in the Lord, O you righteous! Praise befits the upright! Alleluia (3x's)

**Prayer during the Service of The Sunday of Orthodoxy Vespers**

+ The Triumph of Orthodoxy +

This is the Faith of the Apostles, this is the Faith of the Fathers, this is the Faith of the Orthodox, this is the Faith which has established the whole Universe!

**Prayer of St Ephraim the Syrian**

O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power and idle talk. But rather grant unto me the spirit of humility, chastity, patience, and love to Thy servant. Yea, O Lord and King, grant me to see my own sins and not to judge my brother; for Thou art blessed unto ages of ages. Amen.

**Announcements**

**A Warm Welcome to all of our visitors & guests** who worshiped with us today and who have joined us in celebrating the Divine Liturgy. Please join us in the church basement for our Fellowship and Coffee Hour.

## Announcements

### **2022 Lenten Schedule (Beginning 2<sup>nd</sup> Week of Lent to 3<sup>rd</sup> Week of lent)**

*\*\*Please Note: This schedule is subject to change depending on schedule of the clergy. Please listen to the announcements, check your emails, parish website, and parish Facebook page regularly for updated changes to this schedule. Thank You!\*\**

#### **2nd Week of Lent (March 14 to March 19)**

Tuesday, March 15, 2022 - Bible Study – 6:30PM  
Wednesday, March 16, 2022 - Liturgy of the Presanctified Gifts - 6:00 PM  
Friday, March 18, 2022 – Akathist (To the Theotokos) - 6:00 PM  
Saturday, March 19, 2022 - Memorial Saturday Divine Liturgy - 10:00 AM  
Saturday, March 19, 2022 - Great Vespers - 4:00 PM

#### **3rd Week of Lent (March 21 to March 26)**

Wednesday, March 23, 2022 - Liturgy of the Presanctified Gifts - 6:00 PM  
Thursday, March 24, 2022 – Vespers Divine Liturgy for Annunciation - 6:00 PM  
Friday, March 25, 2022 – ***NO SERVICES AT THE PARISH!!***  
Saturday, March 26, 2022 – Chandelier Cleaning – 9:00AM  
Saturday, March 26, 2022 - Great Vespers - **5:00 PM** [NOTE CHANGE IN TIME!!!]

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#### **Chandelier Cleaning – Saturday, March 26, 2022 – 9:00AM!**

We are asking for parishioners to assist with the cleaning and polishing of the chandelier. The chandelier has been cleaned only three times over the past 50 years with the last time occurring around 20 years ago (in preparation for the parish's 90<sup>th</sup> Anniversary). We need as many of our parishioners to assist with this project in order to perform the task effectively, efficiently, and within a timely matter on that date...essentially, the more hands we have, the quicker the job will be performed. Also, this cleaning will occur during Lent, where we as Orthodox Christian should be giving of our time and talents to worthy causes such as caring for our Lord's house.

A sign-up sheet has been posted on the bulletin board above the food utensil table in the church basement, so we know how many parishioners to expect and plan accordingly. We will also require some to provide plastic dishwashing pans, terrycloth towels, containers of glass cleaner, bottles of brass cleaner, and polishing rags. Hope you can join us and see you on Saturday, March 26 beginning at **9:00AM!**

In case of Inclement weather on that Saturday, the cleaning date will then be rescheduled on a Saturday AFTER Pascha due to scheduling conflicts during Lent!

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#### **Pascha Basket Candy Sale – Fundraiser for the HVAC Project**

Orders for handmade chocolate candy bars for your Pascha baskets have begun and the final day for orders to be taken is Sunday, April 3, 2022. These orders will be filled and delivered on the following dates: March 13, April 3, and April 10.

The price for each bar is \$5.00. Each bar is approximately 4 ounces. There are four different designs of chocolate candy bars to choose from: two rabbits, Noah's ark, hydrangea, or love birds.

Please see Matushka Janine for samples and for ordering  
Remember, homemade chocolate candy bars for sale will be by Pre-Orders Only!!!



**Announcements** (cont.)

**Candles and Prayers for the Faithful and Departed**

**Health for the Living:**

Anastasia and her unborn child, Colin, Alexander, Selena, Patricia, Emily, Catherine, Daniel, M/M Herbert, Family and Friends offered by M/M K Kavalkovich

**May God Grant Them Many Blessed Years!**

**Memory for the Departed:**

Irene Kavcsak offered by Nina Patterson  
John and Anna Homa offered by Catherine Kavalkovich  
Mary Spack and Helen Spack offered by M/M Herbert

**May Their Memories Be Eternal**

**Vigil Cross Candles – 3/6/22:**

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**Please remember in your prayers:**

Anastasia Jones & her unborn child; Heather Parsells & her unborn child; Ronald Kavalkovich (continuous recovery); Jane Kelly (recovery); Anne (Homa) Killoran (surgery); Sheba Patton (recovery); Joseph Rabik; Dr. Gale Rutan; Peter Witiak; and all those who are serving in our Armed Forces!

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**Sidewalk Repair Donations (Week of March 6)**

Sidewalk Repair Block Donation – \$15 from the Candy Sale  
Sidewalk Repair Donation: (Memory of Grace Corba) – Cynthia Minelli  
Sidewalk Small Block Donation: (Memory of Grace Corba) – Pat & Dave Penn

**Attendance during Lenten Services (1<sup>st</sup> Week of Lent)**

Monday, March 7 – Saint Andrew of Crete = 18  
Tuesday, March 8 – Saint Andrew of Crete = 15  
Wednesday, March 9 – Saint Andrew of Crete = 15  
Thursday, March 10 – Saint Andrew of Crete = 17  
Friday, March 11 – Liturgy of Presanctified Gifts = 12  
Saturday, March 12 – Vespers = (CANCELLED TO DUE INCLIMENT WEATHER)

## Announcements (cont.)

**Please ensure that your Mobile Phone is set to Silent (or at least set on vibrate) during the Divine Liturgy! Thank You!!!**

**\*\*\*\*\*Special weekly collections taken after Gospel or Sermon\*\*\*\*\***

In addition to our general collection, the parish takes a special collection each week to fund certain parish projects. By the action taken at the Fall General Parish Meeting held on Sunday, October 10, the parish body approved that the special collection for the first three Sundays of the month be earmarked towards the repairing/fixing/replacing of the roofs of both houses that the parish owns (now known as the Row House Fund).

The fourth Sunday (and fifth, when it occurs) the special collection will be earmarked towards Charity.

This new collection schedule will begin on Sunday, October 17.

Please be generous with your offering. Every little bit counts. Thank You!

### **Cash Flow Activity (FebruaryMarch)**

<u>Week of Sun Feb 27 to Sat Mar 5</u>	<u>February Month (Unaudited)</u>
Attendance: 47	40 (average)
Funds In: \$ 2,596.36	\$ 8,398.11
Funds Out: \$ 6,320.30	\$11,343.01
Net Surplus/(Deficit): (\$ 3,723.94)	(\$ 2,944.90)

Thank you all for your continuous offerings to maintain the parish!

**Shop Rite Gift Cards:** If you need to purchase Shop Rite Gift Cards, please see either David Pellack or Ken Kavalkovich to secure them. Your purchase of a Shop Rite Gift Card is an additional fundraising project that helps support the church at no additional expense to the purchaser.



## Calendar of Events

- 1<sup>st</sup> Sunday of each month** – Monthly Panikhida immediately after Divine Liturgy.
- 2<sup>nd</sup> Tuesday of each month** – Bible Study at 6:30pm in church basement.
- 2<sup>nd</sup> Sunday of each month** – Property Committee Meeting after Divine Liturgy.
- 3<sup>rd</sup> Sunday of each month** – Currently no permanent event is scheduled.
- 4<sup>th</sup> Sunday of each month** – Currently no permanent event is scheduled.
- 5<sup>th</sup> Sunday of each quarter** – Quarterly Parish Council Meeting after Liturgy.

### Readers Schedule:

Today (Mar 13)  
3<sup>rd</sup> Hour: Matthew Andrews  
6<sup>th</sup> Hour: Reader Mark Klus  
Epistle: John Spack

Next Week (Mar 20)  
David Pellack  
Sbdcn Daniel Kavalkovich  
Reader Mark Klus  
and Dr. David Albrecht

### Fellowship Coffee Hour & Cleaning Teams:

If you have volunteered to host coffee hour, please check which team you are on and when your Team is hosting coffee hour in the white/clear 3-ring binder which is located on the display case outside of the office room.

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Please continue to check our parish website, social media pages, and your emails regularly for updated information on the parish regarding parish services & events in February/March 2022.

**TODAY at 4:00PM – Mission Service Vespers**  
**Holy Ghost American Carpathian-Russian Orthodox Church**  
**70 Holy Ghost Way – Phoenixville, PA 19460**

**Tuesday, March 15** – Bible Study at 6:30PM in the church basement and on the ZOOM Media platform. Social distancing will be adhered to.  
[PLEASE NOTE CHANGE IN DATE TO THIRD TUESDAY DUE TO LENT]

**Sunday, April 10** – Our parish is hosting the Lenten Mission Service!!

**EASTER Flowers:** We are now accepting donations until Palm Sunday! Please place your donation in one of the white envelopes marked “FLOWERS” and leave it on the candle stand in the Vestibule.

**Vigil Cross Votive Candles:** We are scheduling to have the vigil cross votive candles lit for services during the Lenten season. As of this morning, the following dates and cross sizes have been reserved:  
**Sunday of the Cross (March 27) = Both Large Crosses**  
**Palm Sunday (April 17) = Both Large Crosses**  
**Holy Friday (April 22) = 1 Large Cross**  
**PASCHA (April 24) = Both Large Crosses**  
**Please see Simon Herbert to schedule details & cross size lightings!**



## **First Sunday of Great Lent: Sunday of Orthodoxy** [March 13<sup>th</sup>]

Originally, the Prophets Moses, Aaron, and Samuel were commemorated on this Sunday. The Alleluia verses appointed for today's Liturgy reflect this older usage.

Today we commemorate the "Triumph of Orthodoxy," the restoration of the holy icons in the reign of the holy Empress Theodora (February 11).

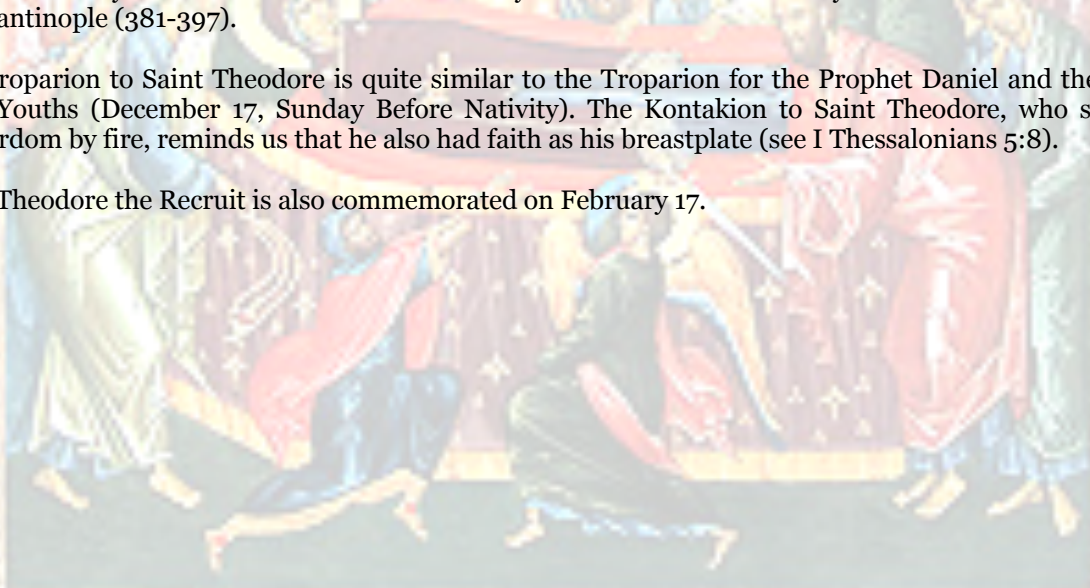
## **First Saturday of Great Lent: The Miracle of the Boiled Wheat**

Yesterday, we remember the miracle of Saint Theodore and the boiled wheat. Fifty years after the death of Saint Theodore, the emperor Julian the Apostate (361-363), wanting to commit an outrage upon the Christians during the first week of Great Lent, commanded the city-commander of Constantinople to sprinkle all the food provisions in the marketplaces with the blood offered to idols. Saint Theodore appeared in a dream to Archbishop Eudoxius, ordering him to inform all the Christians that no one should buy anything at the marketplaces, but rather to eat cooked wheat with honey (kolyva).

In memory of this occurrence, the Orthodox Church annually celebrates the holy Great Martyr Theodore the Recruit on the first Saturday of Great Lent. On Friday evening, at the Divine Liturgy of the Presanctified Gifts following the prayer at the ambo, the Canon to the holy Great Martyr Theodore, composed by Saint John of Damascus, is sung. After this, kolyva is blessed and distributed to the faithful. The celebration of the Great Martyr Theodore on the first Saturday of Great Lent was set by the Patriarch Nectarius of Constantinople (381-397).

The Troparion to Saint Theodore is quite similar to the Troparion for the Prophet Daniel and the Three Holy Youths (December 17, Sunday Before Nativity). The Kontakion to Saint Theodore, who suffered martyrdom by fire, reminds us that he also had faith as his breastplate (see I Thessalonians 5:8).

Saint Theodore the Recruit is also commemorated on February 17.





## 2022 Lenten Schedule

### 1st Week of Lent

Monday, March 7, 2022 - Canon of St. Andrew of Crete - 6:00 PM  
Tuesday, March 8, 2022 - Canon of St. Andrew of Crete - 6:00 PM  
Wednesday, March 9, 2022 - Canon of St. Andrew of Crete - 6:00 PM  
Thursday, March 10, 2022 - Canon of St. Andrew of Crete - 6:00 PM  
Friday, March 11, 2022 - Liturgy of the Presanctified Gifts - 6:00 PM  
Saturday, March 12, 2022 - Great Vespers - 4:00 PM

**SUNDAY MARCH 13, 2022 - MISSION VESPER – HOLY GHOST CHURCH - 4:00 PM**

**ADDRESS: 70 Holy Ghost Way, Phoenixville, PA 19460**

**WEBSITE: <https://www.holyghostphoenixville.org> [American Carpatho Russian Parish]**

### 2nd Week of Lent

**Tuesday, March 15, 2022 - Bible Study 6:30 PM**  
Wednesday, March 16, 2022 - Liturgy of the Presanctified Gifts - 6:00 PM  
Friday, March 18, 2022 – Akathist (of the Theotokos) - 6:00 PM  
**Saturday, March 19, 2022 - Memorial Saturday - Divine Liturgy - 10:00 AM**  
Saturday, March 19, 2022 - Great Vespers - 4:00 PM

**SUNDAY MARCH 20, 2022 - MISSION VESPER – STS PETER & PAUL CHURCH – 4:00 PM**

**ADDRESS: 1406 Philadelphia Pike – Wilmington, DE 19809**

**WEBSITE: <https://www.sspeterandpauluoc.org> [UOC-USA Ukrainian Parish]**

### 3rd Week of Lent

Wednesday, March 23, 2022 - Liturgy of the Presanctified Gifts - 6:00 PM  
**Thursday, March 24, 2022 – Vespers Divine Liturgy for Annunciation  
of the Most Holy Theotokos - 6:00 PM**  
Friday, March 25, 2022 – *NO SERVICES AT THE PARISH!*  
**Saturday, March 26, 2022 – Chandelier Cleaning – 9:00 AM**  
Saturday, March 26, 2022 - Great Vespers - **5:00 PM [NOTE CHANGE IN TIME!!!]**

**SUNDAY MARCH 27, 2022 - MISSION VESPER - ST. STEPHEN'S CATHEDRAL- 4:00 PM**

**ADDRESS: 8598 Verree Rd, Philadelphia, PA 19111**

**WEBSITE: <https://www.ststephenscathedral.org> [OCA Parish]**

### 4th Week of Lent

Wednesday, March 30, 2022 - Liturgy of the Presanctified Gifts - 6:00 PM  
Friday, April 1, 2022 - Akathist (of the Blessed Olga) - 6:00 PM  
Saturday, April 2, 2022 - Great Vespers - 4:00 PM

**SUNDAY April 3, 2022 - MISSION VESPER – DESCENT OF HOLY SPIRIT CHURCH – 4 PM**

**ADDRESS: 1323 Ashbourne Rd, Elkins Park, PA 19027**

**WEBSITE: <https://www.rophillychurch.org> [OCA Romanian Episcopate Parish]**

### 5th Week of Lent

Wednesday, April 6, 2022 - Liturgy of the Presanctified Gifts - 6:00 PM

Thursday, April 7, 2022 - Canon of St. Andrew of Crete - 6:00 PM

Friday, April 8, 2022 - Akathist - 6:00 PM

Saturday, April 9, 2022 - Great Vespers - 4:00 PM

**SUNDAY APRIL 10, 2022 - MISSION VESPER – HERE AT OUR PARISH - 4:00 PM**

**ADDRESS: Corner of South 28<sup>th</sup> St & Snyder Ave, Philadelphia, PA 19145**

**WEBSITE: <https://www.holyassumptionphilly.org> [OCA Parish]**

### 6th Week of Lent

**Tuesday, April 12, 2022 - Bible Study 6:30 PM**

Wednesday, April 13, 2022 - Liturgy of the Presanctified Gifts - 6:00 PM

Friday, April 15, 2022 - Vespers of Lazarus Saturday - 6:00 PM

Saturday, April 16, 2022 - Lazarus Saturday - Divine Liturgy - 10:00 AM

Saturday, April 16, 2022 - Great Vespers at 4:00 PM

(after Vespers - Blessing of Pussywillows and Palms)

**SUNDAY APRIL 17, 2022 - BRIDEGROOM MATINS - ST. STEPHEN'S CATHEDRAL- 4 PM**

**ADDRESS: 8598 Verree Rd, Philadelphia, PA 19111**

**WEBSITE: <https://www.ststephenscathedral.org> [OCA Parish]**

### Holy Week

Monday, April 18, 2022 - Bridegroom Matins of Holy Tuesday - 6:00 PM

Tuesday, April 19, 2022 - Bridegroom Matins of Holy Wednesday - 6:00 PM

**Wednesday, April 20, 2022 – Matins & Holy Unction – St Stephen's Cathedral – Time: TBD**

Thursday, April 21, 2022 - Holy Thursday - Vespers Divine Liturgy of St Basil - 10:00 AM

Thursday, April 21, 2022 - Holy Thursday - Friday Matins Reading of 12 Passion Gospels - 6PM

Friday, April 22, 2022 - Holy Friday – Vespers (Burial Service) - 3:00 PM

Friday, April 22, 2022 - Holy Friday - Matins of Holy Saturday with Lamentations - 4:00 PM

**Saturday, April 23, 2022 – Holy Saturday – Chrismation Service for James – 9:30 AM**

Saturday, April 23, 2022 - Holy Saturday - Vespers with the Divine Liturgy of St Basil the Great  
(with ALL 15 Old Testament Readings) - 10:00 AM

Sunday, April 24, 2022 - Pascha Service (Procession, Matins, Divine Liturgy) - 8:30 AM

Sunday, April 24, 2022 - Pascha Vespers approximately 15 minutes after the Blessing of the  
Easter Baskets in the church basement

### Bright Week

Monday, April 25, 2022 – Bright Monday Divine Liturgy (Procession & Water Blessing) – 10 AM

Saturday, April 30, 2022 - Great Vespers at 4:00 PM

Sunday, May 1, 2022 - St. Thomas Sunday - Divine Liturgy - 10:00 AM

Blessing of the Graves at Mount Moriah Cemetery (weather permitting)

NO Confessions will be heard during Holy Week. The last time Father Mark will hear confessions will be BEFORE Divine Liturgy on Palm Sunday!