

## Assumption of the Holy Virgin Orthodox Church

2101 South 28th St. (corner of 28<sup>th</sup> St. & Snyder Ave.)  
Philadelphia, PA 19145 \* Church Phone: (215) 468-3535  
Website: <https://www.holyassumptionphilly.org>



Mailing Address: PO Box 20083 \* Point Breeze Station | Philadelphia PA 19145-0383

### Sunday, July 28, 2024 | 5<sup>th</sup> Sunday After Pentecost

Tone 4 – Holy Apostles of the Seventy and Deacons:  
Prochorus, Nicanor, Timon, and Parmenas (1<sup>st</sup> c.)  
Saint Pitirím, Bishop of Tambov (1698)

#### V. Rev. Mark W Koczak, Rector

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*Subdeacon – Daniel (Ken) Kavalkovich      Choir Director – Nina Patterson*  
*Reader – Mark Klus      Reader – David Pellack*  
*Parish President - Matthew Andrews [Phone: 856.217.8075]*

### Weekly Schedule

Today: July Charity Collection – Cradle to Crayons: Philadelphia

Thursday: August 1 – ***Beginning of the Dormition Fast!***

Thursday: August 1 – Procession of the Life-Giving Cross

Saturday: August 3 – Great Vespers at **4:00PM**

Sunday: August 4 – Holy Seven Youths of Ephesus  
Reading of Hours – 8:30am  
Divine Liturgy – **9:00am [ Summer Hours ]**  
*Fellowship Coffee Hour to follow the Divine Liturgy*

Tuesday: August 6 - Divine Liturgy at **10:00AM** for Holy  
Transfiguration of our Lord God and Savior Jesus Christ!  
[\[Please bring fruit \(vegetables\) to be blessed after Service\]](#)

Friday: August 9 – Venerable Herman of Alaska

## Texts for the Liturgical Service

### **Troparion (Tone 4)**

When the women disciples of the Lord / learned from the angel the joyous message of thy Resurrection, / they cast away the ancestral curse / and elatedly told the apostles: / “Death is overthrown! / Christ God is risen, // granting the world great mercy!”

### **Troparion (Tone 3 – Holy Apostles of the Seventy & Deacons)**

Holy Apostles Próchorus, Nícanor, Tímon, and Parménas, / entreat the merciful God, // to grant our souls forgiveness of transgressions!

### **Kontakion (Tone 4)**

My Savior and Redeemer / as God rose from the tomb and delivered the earth-born from their chains. / He has shattered the gates of hell, / and as Master, // He has risen on the third day!

### **Kontakion (Tone 1 – Holy Apostles of the Seventy & Deacons)**

The glorious Nícanor, Próchorus, Parménas, and Tímon, / the honored deacons and eyewitnesses of the Word, / have been revealed as chosen vessels of the Faith. / Therefore, we celebrate your holy memory today, // blessing you with gladness of heart.

### **Prokeimenon (Tone 4)**

O Lord, how manifold are Thy works / in wisdom hast Thou made them all!  
v. Bless the Lord, O my soul! O Lord, my God, Thou art very great!

### **Epistle Reading: Romans 10:1-10**

Brethren, my heart's desire and prayer to God for Israel is that they may be saved. For I bear them witness that they have a zeal for God, but not according to knowledge. For they being ignorant of God's righteousness, and seeking to establish their own righteousness, have not submitted to the righteousness of God. For Christ is the end of the law for righteousness to everyone who believes. For Moses writes about the righteousness which is of the law, "The man who does those things shall live by them." But the righteousness of faith speaks in this way, "Do not say in your heart, 'Who will ascend into heaven?' " (that is, to bring Christ down from above) or, " 'Who will descend into the abyss?' " (that is, to bring Christ up from the dead). But what does it say? "The word is near you, in your mouth and in your heart" (that is, the word of faith which we preach): that if you confess with your mouth the Lord Jesus and believe in your heart that God has raised Him from the dead, you will be saved. For with the heart one believes unto righteousness, and with the mouth confession is made unto salvation.

Alleluia (3x's) (Tone 4)

v. Go forth, prosper and reign, for the sake of meekness, righteousness and truth! Alleluia (3x's)  
v. For Thou lovest righteousness, and hatest iniquity. Alleluia (3x's)

**Gospel Reading: Matthew 8:28-9:1**

When He had come to the other side, to the country of the Gergesenes, there met Him two demon-possessed men, coming out of the tombs, exceedingly fierce, so that no one could pass that way. And suddenly they cried out, saying, "What have we to do with You, Jesus, You Son of God? Have You come here to torment us before the time?" Now a good way off from them there was a herd of many swine feeding. So the demons begged Him, saying, "If You cast us out, permit us to go away into the herd of swine." And He said to them, "Go." So when they had come out, they went into the herd of swine. And suddenly the whole herd of swine ran violently down the steep place into the sea, and perished in the water. Then those who kept them fled; and they went away into the city and told everything, including what had happened to the demon-possessed men. And behold, the whole city came out to meet Jesus. And when they saw Him, they begged Him to depart from their region. So He got into a boat, crossed over, and came to His own city.

**Communion Hymn:**

Praise the Lord from the heavens! Praise him in the highest! Alleluia (3x's)



**“LIFE IS FRAGILE...HANDLE WITH PRAYER”!**

**Announcements**

**A Warm Welcome to all of our visitors & guests** who worshiped with us today and who have joined us in celebrating the Divine Liturgy. Please join us in the church basement for our Fellowship and Coffee Hour.

# Announcements

## 2024 Summer Charity Project – July Charity Collection

Today, for the parish's Summer Charity Project, we will be designating the July Charity collection from those financial contributions received towards the Cradles to Crayons - Philadelphia organization. Cradles to Crayons – Philadelphia knows the needs for starting school without the tools needed to succeed can put big obstacles in a developing child's way. Items like backpacks, art supplies, writing tools, and back-to-school clothing and shoes are imperative to help get children mentally, emotionally, and physically prepared for school. New backpacks and supplies give children a sense of pride and excitement to go back to school. With these tools, they are more likely to attend school and complete homework – knowing they have the same chance at school success as their peers. Parents can focus on rent and groceries instead of facing the stress of school-related expenses.

This year, the Cradles to Crayons – Philadelphia *Ready for Learning* initiative will distribute 55,000 backpacks filled with new, age-appropriate school supplies and packages filled with shoes, clothing, and more, to ensure that kids throughout Greater Philadelphia, Southern New Jersey, and Northern Delaware arrive at school on the first day prepared and excited to learn! This annual initiative promotes equitable learning by empowering children to feel safe, valued, and ready to learn.

The Parish Charity Committee wishes to “Thank You” for your generosity!

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## Stage Area – Church Basement

As all of you are aware, the parish had to hold vespers and liturgy early this summer in the church basement due to the problems with the church air conditioning system. One of the things that had to be addressed was the cleaning up of the stage so Father Mark can utilize that area as the altar.

Now that the parish is back upstairs in the church for services, many have complimented how much better the basement looks without all the “stuff” sitting and being stored up on the stage for everyone to view every week.

Therefore, moving forward, we are encouraging everyone not to put and store items on the stage for any extended period of time. Now..if the parish has some type of charity fund raising or parish work project that needs the space on the stage, yes, please utilize the stage for the length of said projects. But please...please, let's not keep any more items up on the stage for any long length of time than needed. **Thank You!!**

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**WARNING!!**

Anything you say or do could be used in a sermon! 😊

**Announcements** (cont.)

**Candles and Prayers for the Faithful and Departed**

**Health for the Living:**

Anastasia and her unborn child; Christina and her unborn child; Kenneth; Catherine; Patricia; Barbara; Christopher; Sharon & James; Family & Friends offered by M/M K Kavalkovich  
Simon Herbert offered by M/M K Kavalkovich  
Simon Herbert offered by Ronald and Cheryl Homa  
Simon Herbert offered by Melanie Albrecht

**May God Grant Them Many Blessed Years!**

**Memory for the Departed:**

Emily Gerasimoff offered by her sister Catherine Kavalkovich  
Emily Gerasimoff offered by M/M K Kavalkovich & Family  
Emily Gerasimoff offered by Melanie Albrecht  
Emily Gerasimoff offered by Ronald and Cheryl Homa

**May Their Memories Be Eternal!**

**Vigil Cross Candles – 7/21/24**

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**Please remember in your prayers:**

+ Newly Departed Handmaiden of God Emily Gerasimoff who fell asleep in the Lord on Friday morning, July 19, 2024. May Her Memory Be Eternal! Vetchnaya Pamyat!

Christina Andrews and her unborn child; Darren Bodnar; Jane Kelly; Anne (Homa) Killoran; Sheba Patton; Fania Wanenchak; Peter Witiak; and all those who are serving in our Armed Forces!

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## Announcements (cont.)

**Please ensure that your Mobile Phone is set to Silent (or at least set on vibrate) during the Divine Liturgy! Thank You!!!**

**\*\*\*\*\*Special weekly collections taken after Gospel or Sermon\*\*\*\*\***

In addition to our general collection, the parish takes a special collection each week to fund certain parish projects. By the action taken at the Fall General Parish Meeting held back on Sunday, October 10, 2021, the parish body approved that the special collection for the first three Sundays of the month be earmarked towards the repairing/fixing/replacing of the roofs of both houses that the parish owns (now known as the Row House Fund).

The fourth Sunday (and fifth, when it occurs) the special collection will be earmarked towards Charity.

This new collection schedule began back on Sunday, October 17, 2021.  
Please be generous with your offering. Every little bit counts. Thank You!

### **Cash Flow Activity (July)**

<u>Week of Sun Jul 14 to Sat Jul 20</u>	<u>July Month to Date</u>
Attendance: 32	31 (average)
Funds In: \$ 2,622.00	\$ 3,536.00
Funds Out: \$ 1,763.12	\$ 5,038.71
Net Surplus/(Deficit): \$ 858.88	(\$ 1,502.71)

Thank you all for your continuous offerings to maintain the parish!

**Shop Rite Gift Cards:** If you need to purchase Shop Rite Gift Cards, please see either David Pellack or Ken Kavalkovich to secure them. Your purchase of a Shop Rite Gift Card is an additional fundraising project that helps support the church at no additional expense to the purchaser.

## Calendar of Events

### 2024 Monthly/Quarterly Schedule

- 1<sup>st</sup> Sunday of each month** – Monthly Panikhida immediately after Divine Liturgy.  
**2<sup>nd</sup> Tuesday of each month** – Bible Study at 6:30pm on ZOOM media platform.  
**4<sup>th</sup> Thursday of each month** – Book Club at 6:30pm on ZOOM media platform.  
**5<sup>th</sup> Sunday of each quarter** – Quarterly Parish Council Meeting after Liturgy.

#### Readers Schedule:

	<u>Today (Jul 28)</u>	<u>Next Week (Aug 4)</u>
3 <sup>rd</sup> Hour:	Reader Mark Klus	Reader David Pellack
6 <sup>th</sup> Hour:	Reader David Pellack	Reader Mark Klus
Epistle:	Reader Mark Klus	Reader David Pellack

#### Fellowship Coffee Hour & Cleaning Teams:

If you have volunteered to host coffee hour, please check which Team you are on and when your Team is hosting coffee hour on the calendar printout which is located in the white/clear 3-ring binder located on the display case outside of the office room.

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Please continue to check our parish website, social media pages, and your emails regularly for updated information on the parish regarding parish services & events in August 2024.

**Tuesday, August 6** – Feast of the Holy Transfiguration of our Lord  
Divine Liturgy at **10:00AM!**

[\[Please bring fresh fruit & vegetables to be blessed\]](#)

**Wednesday, August 14** – Eve of the Dormition of the Holy Theotokos  
Vespers (with Litya) at **6:00PM!**

[\[Please bring flowers \(herbal plants\) to be blessed\]](#)

**Thursday, August 15** – Feast of the Dormition of the Holy Theotokos  
Divine Liturgy at **10:00AM!** *[Followed by the Procession]*

[\[Please bring flowers \(herbal plants\) to be blessed\]](#)



## **Deacons Prochorus, Nicanor, Timon, Parmenas of the Seventy** [July 28<sup>th</sup>]

Saints Prochorus, Nicanor, Timon and Parmenas, Apostles of the Seventy were among the first deacons in the Church of Christ.

In the Acts of the Holy Apostles (6:1-6) it is said that the twelve Apostles chose seven men: Stephen, Philip, Prochorus, Nicanor, Timon, Parmenas and Nicholas, full of the Holy Spirit and wisdom, and appointed them to serve as deacons.

They are commemorated together on July 28, although they died at various times and in various places.

At first, Saint Prochorus accompanied the holy Apostle Peter, who made him bishop in the city of Nicomedia. After the Dormition of the Most Holy Theotokos, Prochorus was a companion and coworker of the holy Apostle John the Theologian and was banished with him to the island of Patmos. There he wrote down the Book of Revelation concerning the final fate of the world. Upon returning to Nicomedia, Saint Prochorus converted pagans to Christ in the city of Antioch, where he suffered martyrdom.

Although Saint Nicanor suffered on the same day that the holy Protomartyr Stephen (December 27) and many other Christians were killed by stoning, he is commemorated on December 28.

Saint Timon was later appointed by the Apostles as bishop of the city of Bostra in Arabia and suffered from the Jews and pagans for preaching the Gospel. He was thrown into a furnace, but by the power of God he came out of it unharmed. The tradition of the Roman Church says that Saint Timon died by crucifixion. Saint Timon of the Seventy is also commemorated on December 30.

Saint Parmenas zealously preached Christ in Macedonia. He died after being afflicted with an illness. Some say that Saint Parmenas suffered martyrdom under Trajan (98-117) in the final year of his reign.

